

HEALTH & FITNESS

– Advertorials

Freedom from Allergies

In 1997 I moved to South Park to better enjoy the great beauty of the mountains and revel in hiking, horseback riding, and skiing. I was eager to have Anastasia, my nine year old daughter, celebrate our new life style together. However, she hated to be outside. She would break out in a rash if she walked in the grass, and had tremendous difficulty breathing around the horses, and refused to ski because she couldn't tolerate the cold.

I looked into traditional allergy treatments, but didn't feel comfortable with all the needles and what I felt to be a desensitization approach. I wanted her to be able to heal from the inside, and free herself from allergies by strengthening her immune system. A friend told me about a more holistic approach to help with allergies and eliminate them from the body, and not just suppress the symptoms. Her son had experienced relief from his seasonal allergies with this new science called N.A.E.T., Nambudripad's Allergy Elimination Techniques.

We had 10 sessions with a NAET practitioner in Denver, and the initial treatments involved clearing from the body any negative reactions to the fundamental nutritional building blocks for the body. This allowed the strengthening of her body from the inside out. We then progressed to treating the reactive allergens such as grasses, animals, and people (yes, we can be allergic to people!).

Anastasia had an excellent response to treatment with long lasting benefit. We enjoyed a two week back country trip in Yellowstone this past summer without any allergic symptoms.

Dr. Nambudripad's discovery, NAET®, is an innovative and completely natural method for regaining better health

with often permanent freedom from allergies and the diseases arising from those allergens. Up until now we have looked at diseases as certain annoying symptoms due to poor function or non-function of certain organs or body parts. Medical professionals all over the world are taught to look for symptoms and treat them rather than to look further to find the cause of these symptoms. If we did, most of the causes could be found easily and symptoms could be reduced or eliminated permanently. "The Doctor of the future will give No Medicine, but will interest his patients in the care of the human frame, in diet, and in the cause and prevention of disease." -Attributed to Thomas Alva Edison

"We now know that most illnesses (i.e. headaches, back aches, joint pains, addiction, PMS, indigestion, cough, body aches, etc.) are caused by undiagnosed allergies. When left untreated, allergies can become serious life threatening illnesses." Devi S. Nambudripad, M.D. (WI), D.C., L.Ac., Ph.D. (acu)

I was so grateful for the help that my daughter received by utilizing simple manual techniques that I was inspired to become certified in NAET, so I could help others and improve healing time in their physical therapy rehabilitation as well.

At Fairplay Therapy Center, we are inspired to provide the best that we have found in our field to facilitate healing and help others enjoy their bodies again. Look up our website at www.fairplaytherapycenter.com for more information.

Call 719-836-1833 and mention this article for 50% off the 1st N.A.E.T. appointment with Julia Anderson, Physical Therapist, and Doctor of Natural Health.